



MARCH
2019
ENHANCED
ASSISTED LIVING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| | | | | | 1 10:00 NEWS 10:30 CARLOS 2:00 REIKI WITH KATHY | 2 10:00 EXERCISE 10:30 NEWS 1:30 MUSIC ENJOYMENT 2:00 CHICKEN SOUP FOR THE SOUL |
| 3 10:00 ST. PIUS MASS (B) 10:00 EXERCISE 10:30 NEWS 11:00 TRIVIA 2:00 SUNDAY MATINEE | 4 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAMES | 5 10:00 EXERCISE 11:00 NEWS 1:30 BIBLE STUDY 2:00 WORD GAMES | 6 10:00 EXERCISE 10:30 NAILS 2:00 ART WITH AMY | 7 10:00 NEWS 10:30 GROUP EXERCISE 2:00 ART WITH AMY | 8 10:30 YOGA WITH AUDREY 11:00 BALL TOSS 2:00 MOVIE | 9 10:00 EXERCISE 10:30 NEWS 1:30 MUSIC ENJOYMENT 2:00 CHICKEN SOUP FOR THE SOUL |
| 10 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAMES | 11 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAMES | 12 10:00 EXERCISE 11:00 NEWS 1:30 BIBLE STUDY 2:00 WORD GAMES | 13 10:00 EXERCISE 10:30 NAILS 2:00 NAME THAT TUNE | 14 10:00 NEWS 10:30 GROUP EXERCISE 2:00 BOWLING | 15 10:00 NEWS 10:30 BALL TOSS 2:00 REIKI WITH KATHY | 16 10:00 EXERCISE 10:30 NEWS 1:30 MUSIC ENJOYMENT 2:00 CHICKEN SOUP FOR THE SOUL |
| 17 10:00 ST. PIUS X MASS 10:00 EXERCISE 10:30 NEWS 11:00 TRIVIA 2:00 SUNDAY MATINEE | 18 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 PETE ON THE GUITAR | 19 10:00 EXERCISE 11:00 NEWS 1:30 BIBLE STUDY 2:00 WORD GAMES | 20 10:30 MUSIC THERAPY WITH MARY 1:30 YOU KNOW IT'S SPRING WHEN.... 2:15 SPRING CRAFTS 3:30 WALKING GROUP | 21 1:30 MANICURES 2:15 SNACK & CHAT 3:30 BALLOON TOSS | 22 10:00 NEWS 10:30 YOGA WITH AUDREY 2:00 REIKI WITH KATHY | 23 10:00 EXERCISE 10:30 NEWS 1:30 MUSIC ENJOYMENT 2:00 CHICKEN SOUP FOR THE SOUL |
| 24 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAMES | 25 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAMES | 26 10:00 EXERCISE 11:00 NEWS 1:30 BIBLE STUDY 2:00 WORD GAMES | 27 10:00 EXERCISE 10:30 NAILS 2:00 BOWLING | 28 10:00 NEWS 10:30 GROUP EXERCISE 2:00 ART WITH AMY | 29 10:00 NEWS 10:30 GROUP EXERCISE 2:00 ART WITH AM | 30 10:00 EXERCISE 10:30 NEWS 1:30 MUSIC ENJOYMENT 2:00 CHICKEN SOUP FOR THE SOUL |
| 31 10:00 EXERCISE 10:30 TRIVIA 11:00 NEWS 2:00 WORD GAME | | | | | | |