

February 2018

Loudonville Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
<div style="font-size: 2em; color: red; font-family: cursive;">February</div>	<p style="text-align: center; color: blue;">Resident Birthdays</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Mary S. 2/7</td> <td style="width: 50%;">Fay F. 2/21</td> </tr> <tr> <td>John M. 2/9</td> <td>Marion H. 2/22</td> </tr> <tr> <td>Margaret P. 2/13</td> <td>Rose M. 2/25</td> </tr> <tr> <td>Edith P. 2/14</td> <td>Marion S. 2/26</td> </tr> <tr> <td>Lucille F. 2/14</td> <td></td> </tr> </table>		Mary S. 2/7	Fay F. 2/21	John M. 2/9	Marion H. 2/22	Margaret P. 2/13	Rose M. 2/25	Edith P. 2/14	Marion S. 2/26	Lucille F. 2/14		<p style="text-align: center; color: red;">Location Keys</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Back Parlor (Main Floor)</td> <td style="width: 50%;">B</td> </tr> <tr> <td>Dining Room</td> <td>D</td> </tr> <tr> <td>Front Parlor</td> <td>F</td> </tr> <tr> <td>Library</td> <td>L</td> </tr> <tr> <td>Out of House Excursion</td> <td>O</td> </tr> </table>		Back Parlor (Main Floor)	B	Dining Room	D	Front Parlor	F	Library	L	Out of House Excursion	O	<p style="text-align: right; color: blue; font-size: 1.5em;">1</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Color Me Calm [B] 12:00 Loudonville Gift Shop [F] 2:00 Memory Lane [B] 3:30 Music with Christine [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">2</p> <p style="text-align: center; color: red;">Groundhog Day</p> <p>10:00 Morning Stretch [B] 10:30 St. Pius Rosary and Communion [B] 11:15 Reiki with Kathy 11:30 Week-In-Review News [B] 2:00 Golf Clinic with Frank [B] 2:15 Ringing In February [F] 3:30 Live Music - The Dave Lambert Duo [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">3</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:45 Word Games [F] 2:00 Ice Cream Social [B] 3:30 Trivia [F]</p>
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<p style="text-align: right; color: blue; font-size: 1.5em;">4</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Bingo [B] 2:00 Afternoon Matinee [B] 2:30 Spa Day [F] 5:00 Tail Gate Pizza Party 6:30 Super Bowl on the Big Screen [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">5</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Loudonville Dice Bingo [B] 1:30 Bible Study [B] 2:15 Nutty For Birds Day [B] 3:45 Coffee Klutch [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">6</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Cranium Crunches [B] 2:00 Things You Didn't Know Had Names [F] 3:00 St. Pius Rosary [B] 3:45 Women In Science [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">7</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:15 Deck Your Door [B] 2:00 Afternoon Matinee & Discussion [B] 4:00 Travelogue: Massachusetts [B] 6:15 Girl Scouts Spa Day & Social [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">8</p> <p>10:00 Exercise [B] 10:30 Funny Headlines [B] 11:30 Color Me Calm [B] 12:00 Loudonville Gift Shop [F] 2:00 Women's Group [B] 2:00 Men's Group [L] 3:30 You Be the Judge [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">9</p> <p>10:00 Morning Stretch [B] 10:30 St. Pius Rosary and Communion [B] 11:30 Volunteer Opportunities Info Session (Colonie Sr. Svs.) [B] 2:15 Happy Birthday, Penny! [B] 3:45 Golf Clinic with Frank [F] 3:45 Trivia [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">10</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:45 Word Games [F] 2:00 Root Beer Float Social [B] 3:30 Trivia [F]</p>																					
<p style="text-align: right; color: blue; font-size: 1.5em;">11</p> <p>10:00 Chair Yoga [B] 10:30 News & Coffee [B] 11:30 Bingo [B] 2:00 Afternoon Matinee [B] 2:30 Spa Day [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">12</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Historical Storms [B] 1:30 Bible Study [B] 2:00 Dress Up Your Walker [F] 3:45 Coffee Klutch [F] 5:00 Pizza Night Out [O]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">13</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:15 Mardi Gras Mask Making [B] 12:30 Lunch In New Orleans [D] 2:00 Mardi Gras Games & Fun [B] 3:00 St. Pius Rosary [B] 4:00 Drum Circle [B]</p>	<p style="text-align: center; color: purple;">Valentine's Day</p> <p style="text-align: right; color: blue; font-size: 1.5em;">14</p> <p>10:00 Exercise [B] 10:30 News from 100 Years Ago [B] 11:15 100 Things Bucket List [B] 2:30 Happy 100th Birthday, Edith!!! [D] 4:00 Ash Wednesday Ashes [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">15</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Color Me Calm [B] 12:00 Loudonville Gift Shop [F] 2:00 Expressive Arts [B] 3:30 You Be the Judge [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">16</p> <p>10:00 Morning Stretch [B] 10:30 St. Pius Rosary and Communion [B] 11:30 Golf Clinic with Frank [B] 11:30 Week-In-Review News [L] 2:00 Chinese New Year [B] 3:30 Dancing with Carlos [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">17</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:45 Word Games [F] 2:00 Ice Cream Social [B] 3:30 Trivia [F]</p>																					
<p style="text-align: right; color: blue; font-size: 1.5em;">18</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Bingo [B] 2:00 Afternoon Matinee [B] 2:30 Spa Day [F]</p>	<p style="text-align: center; color: blue;">Presidents' Day</p> <p style="text-align: right; color: blue; font-size: 1.5em;">19</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 10:45 Rivers Casino Lunch & Gambling [O] 11:30 Presidential Trivia [F] 1:30 Bible Study [B] 2:00 Health Matters [F] 3:45 Coffee Klutch [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">20</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:15 That's Bizarre [F] 2:00 Mass - Father Julian [B] 2:15 Dominoes/Checkers [L] 3:00 Magic [B] 3:45 Game Show Hour [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">21</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Blast from the Past [B] 2:00 Afternoon Matinee & Discussion [B] 4:00 Travelogue: South Korea [B] 6:00 Lydia on Harp [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">22</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:15 Food Committee [B] 11:45 Resident Council [B] 2:00 Women's Group [B] 2:00 Men's Group [L] 3:30 Music with Christine [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">23</p> <p>10:00 Morning Stretch [B] 10:30 St. Pius Rosary and Communion [B] 11:15 Jewish Services - Purim & Shabat [L] 2:00 Health Talk Series [B] 3:30 Live Music with Jeff Gonzales [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">24</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:45 Word Games [F] 2:00 Root Beer Float Social [B] 3:30 Trivia [F]</p>																					
<p style="text-align: right; color: blue; font-size: 1.5em;">25</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Bingo [B] 2:00 Afternoon Matinee [B] 2:30 Spa Day [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">26</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Rhythm Time [B] 1:30 Bible Study [B] 2:00 What Would You Do? [F] 3:45 Coffee Klutch [F]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">27</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:30 Bowling Club [B] 2:00 Sleep Dreams [B] 3:00 St. Pius Rosary [B] 3:45 Game Show Hour [B]</p>	<p style="text-align: right; color: blue; font-size: 1.5em;">28</p> <p>10:00 Exercise [B] 10:30 News & Coffee [B] 11:00 This Day In History [B] 11:30 Wheel of Fortune [B] 2:00 Afternoon Matinee & Discussion [B] 4:00 Games with Christine [F]</p>	<p style="text-align: center; color: purple;">For any activities related questions, please see Christine or call 463-4398.</p>		<p style="text-align: center; color: red;"> <i>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour."</i> <i>— John Boswell</i> </p>																					

